

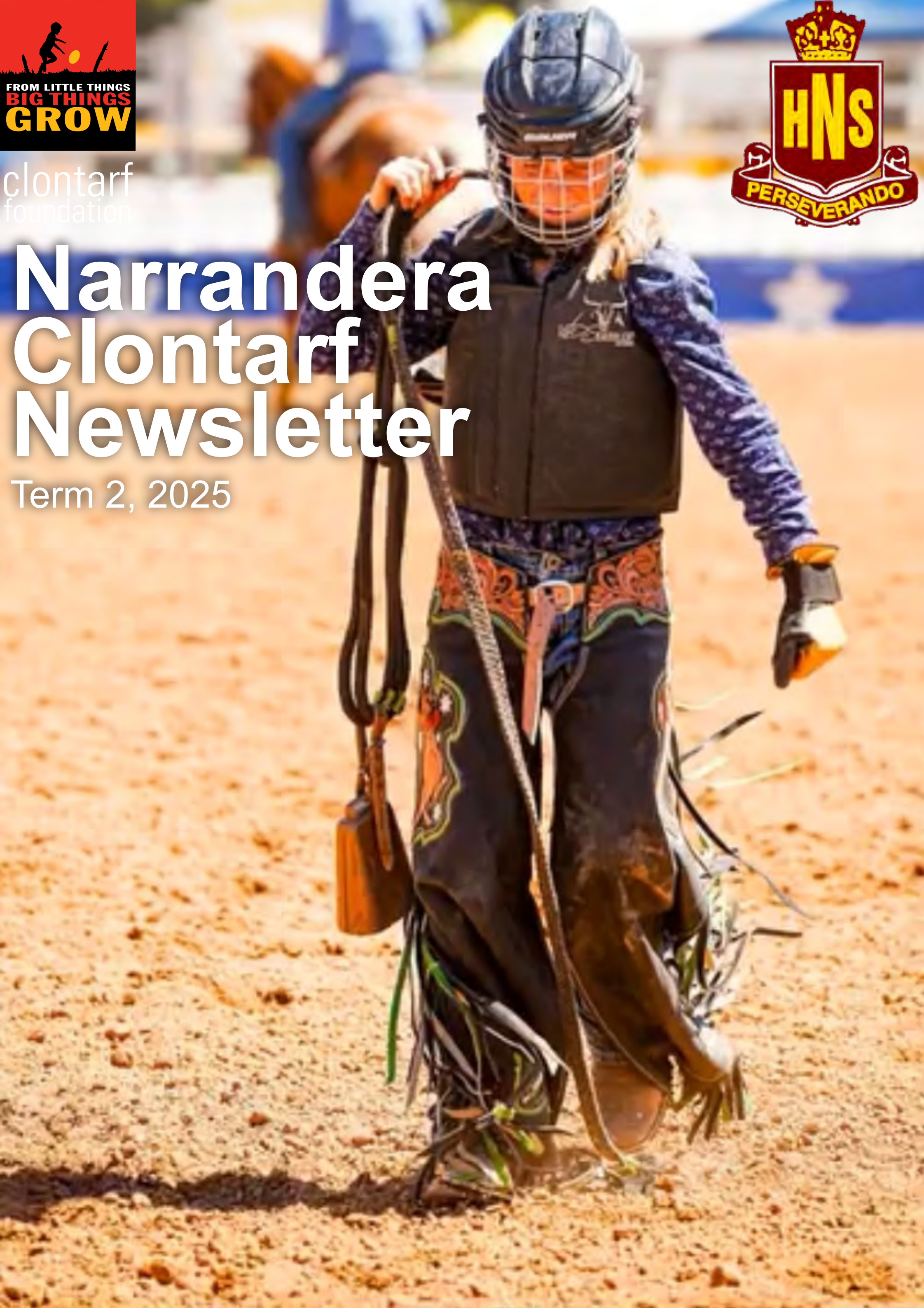


clontarf  
foundation



# Narrandera Clontarf Newsletter

Term 2, 2025





## ABOUT THE ACADEMY

The Narrandera Clontarf Academy was founded in 2018 and operates out of Narrandera High School. It caters for students in Years 7 to 12 and currently has 45 boys engaged in the programme.

## ABOUT THE FOUNDATION

The Clontarf Foundation exists to improve the education, discipline, life skills, self-esteem and employment prospects of young Aboriginal and Torres Strait Islander men and by doing so equips them to participate meaningfully in society.

## SCHOOL DETAILS

Narrandera High School  
19-33 Elizabeth Street  
Narrandera, NSW 2700  
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## STAFF CONTACTS

Director  
John Ingram  
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Operations Officer  
Gary Ingram  
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# Message from the Staff

Narrandera Clontarf Academy – Term 2, 2025  
Highlights

Term 2 was a busy and rewarding period for the Narrandera Clontarf Academy, filled with a range of activities that supported student engagement, wellbeing, culture, and connection.

Students participated in the school swimming carnival, showcasing strong school spirit and involvement. The Academy also hosted an Alumni lunch and catch-up, giving former members a chance to reconnect and share their journeys.

A standout event was the Lake Cargelligo fishing camp, where boys enjoyed time on Country while learning valuable life skills. Clontarf members were also involved in NAIDOC Week celebrations at Coolamon and Narrandera Public School, reinforcing cultural pride and community connection.

The term featured a “Big Day Out” reward trip to Griffith and the Malt House for those displaying positive behaviour and attendance. The boys also took part in health checks and wellbeing sessions, supporting their physical and mental health.

A worksite visit to the Fisheries Department offered insights into careers in environmental science, while the Shellharbour Rewards Trip recognised students for their excellent effort and commitment.

Finally, the term wrapped up with participation in the Year 7/8 Rugby League Carnival in Wagga, where students represented the Academy with pride and determination.

These diverse experiences reflect the ongoing efforts of the Clontarf staff to keep students engaged, supported, and connected throughout their schooling journey.

## Narrandera Clontarf Academy Staff Members



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## Narrandera Fisheries Worksite Visit

The Narrandera Clontarf Academy recently visited the Narrandera Fisheries and John Lake Centre for an informative and hands-on worksite visit focused on the importance of river health and conservation.

Led by Brett Smith from the Department of Primary Industries, the visit provided Academy members with valuable insights into the various native fish species found in the region and the crucial role they play in maintaining a healthy river ecosystem.

Brett spoke passionately about the importance of preserving local waterways, explaining how the Department works to support sustainable fishing practices and

protect threatened species. He also delivered an engaging lesson on fishing, sharing tips on techniques and responsible angling that promote long-term river health.

The visit was a fantastic opportunity for our young men to connect with their local environment, understand the science behind fishery management, and learn how they can play a role in looking after the natural resources in their own backyard.

Thank you to Brett and the team at the John Lake Centre for hosting us and helping to inspire the next generation of environmental stewards..



# Lake Cargelligo Fishing Camp

The Narrandera Clontarf Academy recently took part in an exciting fishing competition held at Lake Cargelligo, giving the boys a fantastic opportunity to unwind and connect with nature. With lines cast early in the morning and rods in hand for most of the day, the boys showed plenty of enthusiasm and patience, all while learning valuable skills about fishing and water safety. For some, it was their first time fishing in such a setting, and the joy of reeling in their first catch brought big smiles all round.

The competition wasn't just about fishing—it was a chance for the boys to bond and relax in a peaceful environment away from the usual school routine. Evenings around the campfire became a highlight of the trip, where stories were shared, laughs echoed through the night, and some friendly games brought out plenty of competitive spirit. It was a perfect setting for building mateship, reflecting on the day's efforts, and simply enjoying each other's company under the stars.

Trips like these are a great reminder of the power of positive experiences outside the classroom. Whether catching fish or playing games by the fire, the Lake Cargelligo camp was a memorable outing that strengthened connections and gave the boys a much-needed break to reset and recharge.





# Promoting Health and Wellbeing at Narrandera Clontarf Academy

The Narrandera Clontarf Academy is committed to supporting the holistic development of our young Aboriginal men, and this term we've taken important steps to strengthen their mental and physical wellbeing through two key initiatives. In collaboration with the school counsellor and Griffith Aboriginal Medical Services, we've hosted sessions focused on mental health and nutrition — two vital pillars for long-term success and healthy living.

Our sessions with the school counsellor have created a safe space for boys to openly discuss mental health, resilience, and emotional wellbeing. These discussions are critical in breaking down stigmas around mental health and encouraging our young men to seek support when needed. In a world where pressures can weigh heavily on our youth, especially within Indigenous communities, these conversations are not only empowering but potentially life-changing.

Alongside this, the involvement of a dietitian from Griffith Aboriginal Medical Services brought practical knowledge around healthy eating, food choices, and the impact of nutrition on energy, mood, and performance. For many of our boys, this was their first experience learning in-depth about how what they eat directly affects their ability to concentrate in school, perform in sport, and maintain overall wellbeing.

These sessions are a vital part of our program's goal to raise strong, proud, and healthy young men. By investing in both the mental and physical health of our students, we're helping build a foundation that supports them not just in school, but in life.







## Clontarf Alumni Lunch Celebrates Lifelong Connections

This week, the Narrandera Clontarf Academy hosted a special lunch to reconnect with some of our proud Clontarf Alumni. It was a chance to reflect, share stories, and celebrate the journeys of our former Academy members who are now making positive strides in their personal and professional lives.

The alumni shared memories of their time in the Clontarf program — the early morning trainings, camps, and the lifelong friendships formed through brotherhood. More importantly, they spoke about the transition from school to the workforce, and how the values and support of Clontarf helped guide them along the way. Their stories served as both inspiration and motivation for our current members, showing firsthand the success that can come from commitment, hard work, and community support.

While not all former students could attend due to work and family commitments, their absence is a strong reminder of the very goal we strive for — to help our young men transition into employment and stable adult lives. Clontarf remains a constant presence for these young men beyond school, offering ongoing support, mentorship, and encouragement wherever their paths may take them.

Events like this highlight the enduring impact of the Clontarf program. Once a member, always a member — and we're proud to walk alongside our boys long after they've left the school gates.



# Dustin Rides High at Deniliquin Rodeo and Picks Up First Sponsor

Narrandera Clontarf Academy is proud to celebrate one of our rising stars, Dustin, who had an incredible term on the rodeo circuit. Competing in both the Deniliquin and Finley rodeos, Dustin delivered outstanding performances that are sure to turn heads across the region.

At the Deniliquin Rodeo, Dustin placed 2nd in the mini bulls and 3rd in the steers — a fantastic achievement in such a competitive field. Not stopping there, he backed it up the next day with a strong showing at the Finley Rodeo, demonstrating his resilience, determination, and love for the sport.

In even more exciting news, Dustin has just secured his very first sponsorship! A massive thank you goes out to @buckandboarhuntingaccessories for getting behind one of our young men and believing in his potential. It's support like this that helps young talent continue to grow, chase dreams, and represent their communities with pride.

Dustin's success is a powerful example of what hard work and passion can achieve. We're proud of him and can't wait to see where his rodeo journey takes him next!





# Braxton Crowned RDGA Junior Champion for Second Year Running

The Narrandera Clontarf Academy is thrilled to congratulate Braxton on an exceptional achievement – taking out the Riverina District Golf Association (RDGA) Junior Championship for the second consecutive year!

Held at the Griffith Golf Club, the RDGA Championships tested players across 27 holes in what was a long and challenging day of golf. But Braxton, full of focus and determination, stayed consistent throughout the competition and finished with a solid scratch score of 13 over par – a brilliant effort over such a demanding course.

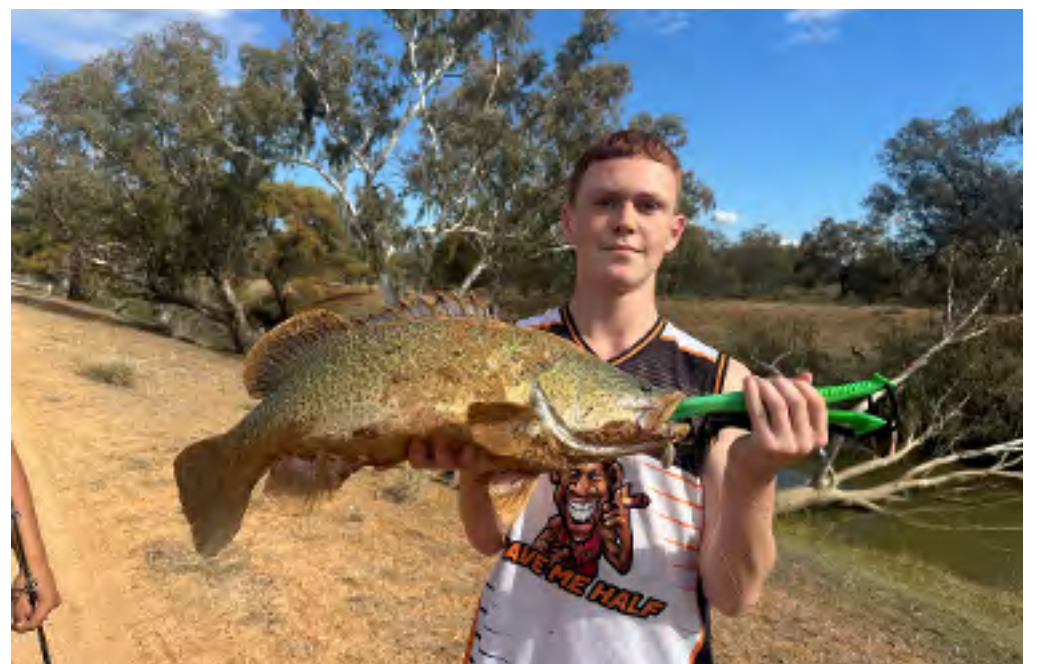
Braxton was especially proud of his putting game, which helped secure his back-to-back title. For his efforts, he was awarded a prestigious RDGA brooch medal, an embroidered shirt, and a voucher — well-earned rewards for a young man with plenty of talent and drive.

We are incredibly proud of Braxton's achievements and the way he continues to represent himself, his family, and the Clontarf Academy with humility and passion. Keep swinging, mate — the future is bright! #BraxtonIvanoffGolf #ClontarfPride #RDGACHampion





# Photos from Term 2





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN	
WEEK 1	21 July Term 3 Starts Principal Meeting 8:15am Year 7 Contact time 5/6 – Employment ready task Monday Mob Feed- No negative incidents periods 1-4	22 AFTERNOON ACTIVITY LEAGUE TAG  Griffith RKC Trial Day ??	23 MORNING TRAINING GYM  <u>10SS Siding (Mt Selwyn)</u>	24 AFTERNOON ACTIVITY - Fishing Health Session <u>10SS Siding (Mt Selwyn)</u>	25 MORNING TRAINING Hall Sports Good Bunch Lunch <u>10SS Siding (Mt Selwyn)</u> On Country Pathways Sign up Day.	26	27	
WEEK 2	28 Principal Meeting 8:15am Year 7 Contact time 5/6 – Employment ready task Monday Mob Feed- No negative incidents periods 1-4	29 AFTERNOON ACTIVITY LEAGUE TAG Employment Forum- Wagga Wagga	30 MORNING TRAINING GYM U15 Boys Basketball KO @ Griffith	31 AFTERNOON ACTIVITY - Fishing	1 August MORNING TRAINING Hall Sports Good Bunch Lunch Health Session 1	2	3	
WEEK 3	4 Principal Meeting 8:15am Year 8 Contact time 5/6 – Employment ready task Monday Mob Feed- No negative incidents periods 1-4	5 AFTERNOON ACTIVITY LEAGUE TAG  Ross Kelly Cup  Travel Day/Dinner	6 MORNING TRAINING GYM  Activities Day	7 AFTERNOON ACTIVITY - Fishing  Carnival day	8 MORNING TRAINING Hall Sports Good Bunch Lunch  Travel day	9	10	
WEEK 4	11 Principal Meeting 8:15am Year 9 Contact time 5/6 – Employment ready task Monday Mob Feed- No negative incidents periods 1-4	12 AFTERNOON ACTIVITY LEAGUE TAG Taco Tuesday –Clontarf Room Teachers vs Students -Ping pong	13 MORNING TRAINING GYM  Senior Catch up and Lunch	14 AFTERNOON ACTIVITY - Fishing Health Checks – Year 11/12 (17)	15 MORNING TRAINING Hall Sports Good Bunch Lunch	16	17	
WEEK 5	18 Principal Meeting 8:15am Year 10 Contact time 5/6 – Employment ready task Monday Mob Feed- No negative incidents periods 1-4 Review for Q&A after meeting	19 AFTERNOON ACTIVITY LEAGUE TAG  26 AFTERNOON ACTIVITY LEAGUE TAG Partner Interaction  <u>Trial exam period</u>	20 MORNING TRAINING GYM  Corowa Top Attendance Camp  27 MORNING TRAINING GYM  <u>Trial exam period</u>	21 AFTERNOON ACTIVITY - Fishing  28 AFTERNOON ACTIVITY - Fishing Health Checks – Year 10 (17)  <u>Trial exam period</u>	22 MORNING TRAINING Hall Sports Good Bunch Lunch 29 MORNING TRAINING Hall Sports Good Bunch Lunch	23	24	
WEEK 6	25 Principal Meeting 8:15am Year 11 Contact time 5/6 – Employment ready task Monday Mob Feed- No negative incidents periods 1-4 <u>Trial exam period</u>	2 AFTERNOON ACTIVITY LEAGUE TAG  Worksite visit – Sunrice – Years 11/12	3 MORNING TRAINING GYM  Regional PD	4 AFTERNOON ACTIVITY - Fishing	5 MORNING TRAINING Hall Sports Good Bunch Lunch	6	7	
WEEK 7	1 September Principal Meeting 8:15am Year 7 Contact time 5/6 – Employment ready task Monday Mob Feed- No negative incidents periods 1-4	2 AFTERNOON ACTIVITY LEAGUE TAG  Away Game Griffith 10:30am start - Basketball 7/8	10 MORNING TRAINING GYM	11 AFTERNOON ACTIVITY - Fishing	12 MORNING TRAINING Hall Sports Good Bunch Lunch Health Session 2 –	13	14	
WEEK 8	8 Principal Meeting 8:15am Year 8 Contact time 5/6 – Employment ready task Monday Mob Feed- No negative incidents periods 1-3	9 AFTERNOON ACTIVITY LEAGUE TAG	16 MORNING TRAINING GYM	17 MORNING TRAINING GYM	18 AFTERNOON ACTIVITY - Fishing Community Event – Welcoming Baby to country 10am – 2pm	19 MORNING TRAINING Hall Sports Good Bunch Lunch	20	21
WEEK 9	15 Principal Meeting 8:15am Year 9 Contact time 5/6 – Employment ready task Monday Mob Feed- No negative incidents periods 1-4	16 AFTERNOON ACTIVITY LEAGUE TAG	17 MORNING TRAINING GYM	18 AFTERNOON ACTIVITY - Fishing Community Event – Welcoming Baby to country 10am – 2pm	19 MORNING TRAINING Hall Sports Good Bunch Lunch	20	21	
WEEK 10	22 Principal Meeting 8:15am Year 10 Contact time 5/6 – Employment ready task Monday Mob Feed- No negative incidents periods 1-4	23 AFTERNOON ACTIVITY LEAGUE TAG	24 MORNING TRAINING GYM	25 AFTERNOON ACTIVITY - Fishing Rotary Golf Day – Community Event <u>Year 12 Graduation Assembly</u>	26 Term 3 Ends MORNING TRAINING Hall Sports Good Bunch Lunch			

Generic Comments:

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**LEGEND**

Education  
Employment  
Football  
Healthy Lifestyles  
Partner Events  
Community Involvement Activities  
Health Sessions  
Health Checks  
Camps  
Life Skills  
Leadership  
Other

\*\* PLEASE NOTE: ALL ARE WELCOME TO ATTEND TRAINING \*\*