



# NARRANDERA HIGH SCHOOL SWIMMING PROGRAM

2022

THURSDAY 10<sup>th</sup> February



**2:00pm**

1. Roll Mark and Announcements

2	Girls/Boys	<b>200m Freestyle</b>	<b>(Timed Finals)</b>	12, 13, 14
		<i>(not an "Age Champion" event)</i>		15, 16, 17+

**3:00pm**

14.	Girls/Boys	<b>50m Breaststroke</b>	<b>(Timed Finals)</b>	12, 13, 14
				15, 16, 17+

**3:45pm**

26.	Girls/Boys	<b>50m Freestyle</b>	<b>(Timed Finals)</b>	12, 13, 14
				15, 16, 17+

**4:30pm**

38.	Girls/Boys	<b>50m Butterfly</b>	<b>(Timed Finals)</b>	12, 13, 14
				15, 16, 17+

**5:00pm**

50.	Girls/Boys	<b>50m Backstroke</b>	<b>(Timed Finals)</b>	12, 13, 14
				15, 16, 17+

**5:30pm**

62.	Girls/Boys	<b>100m Freestyle</b>	<b>(Timed Finals)</b>	12, 13, 14
				15, 16, 17+

74.	Girls	<b>4 x 50m House Open Medley Relay.</b>
75.	Boys	<b>4 x 50m House Open Medley Relay.</b>
		<i>(Backstroke, Breaststroke, Butterfly, Freestyle)</i>

76.	BREAK	(Tea Break)
	• Year 12 "Performance"	



**7:00pm**

77. **Champion of Champions – Girls**

78. **Champion of Champions - Boys**

**7:15pm**

<b>RELAYS:</b>	<b>(One team per House per Age Group)</b>
79. Girls	<b>4 x 50m Freestyle (Junior –Yr 7/8)</b>
80. Boys	<b>4 x 50m Freestyle (Junior –Yr 7/8)</b>
81. Girls	<b>4 x 50m Freestyle (Middle– Yr 9-10)</b>
82. Boys	<b>4 x 50m Freestyle (Middle– Yr 9-10)</b>
83. Girls	<b>4 x 50m Freestyle (Senior–Yr 11-12)</b>
84. Boys	<b>4 x 50m Freestyle (Senior–Yr 11-12)</b>

85. Girls	<b>All Years Relay</b>	<b>6 x 50m</b>	1 x (Yr 7,8,9,10,11,12)
86. Boys	<b>All Years Relay</b>	<b>6 x 50m</b>	1 x (Yr 7,8,9,10,11,12)

**7:50pm**

87. Mixed	<b>Champion House Relay</b>	<b>8 x 50m</b>	2 x Snr Boys, 2 x Snr Girls 2 x Jnr Boys, 2 x Jnr Girls
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88. **Staff vs Parents vs Students Relay (4x50m)**

89. Girls	<b>IRONWOMAN</b>	Junior and Senior
90. Boys	<b>IRONMAN</b>	Junior and Senior

91. **Clean up, Roll mark, Announcements and Presentations.**